



JP (Jackson-Pratt) Drain Care

You are being discharged with a JP drain. This drain suctions and collects excess fluid from the surgical site. The drain promotes healing and reduces the chances of an infection or fluid collection.

The following instructions will help you care for your drain at home.

Once the drain is about 50% full, it is no longer applying suction. It should be drained and recorded at a minimum when it is half full, or once every 24 hours, whichever comes first.

How to record drain output:

- 1) Wash hands thoroughly before starting.
- 2) Untwist the white cap to release suction. Once this is done the drain bulb will expand and the amount of fluid in the bulb can be determined by looking at the markings on the bulb. Be as precise as possible, but estimation is fine if the fluid level is between marks.
- 3) All fluid can then be emptied from the drain by simply squeezing the bulb over the sink or toilet.
- 4) Once the drain is empty, squeeze all air from the bulb and twist on the white cap while squeezing the bulb. This will restore suction to the bulb.
- 5) Record the drain output, date and time on the sheet provided. If you have more than one drain, make sure to record the drains separately.

General

- It is not necessary to wake up in the middle of the night to record your drain output. Empty before going to bed and first thing in the morning. The drain should be emptied as necessary throughout the day.
- Drains are ready to be removed when they drain less than 30cc in 24 hours, for two consecutive 24-hour periods. This is true for each individual drain.
- Once the drain meets the above criteria, call or message the clinic to schedule removal.
- The drain is sewn in place, so some tugging at the drain site is normal.



Notify the clinic if you observe any of the following:

- Increasing redness / drainage at the drain site.
- Fever (>101.5 degrees Fahrenheit).
- Increasing pain around the drain site.
- Inability of the drain to maintain suction.
- If drainage suddenly dramatically increases from what it was doing before ($>50\text{cc}$ / hour from baseline drainage), or if color suddenly becomes bright red.



Drain Log

	Date / Time	Date / Time	Date / Time	Date / Time	Date / Time	Date / Time
Drain 1						
Drain 2						
Drain 3						
Drain 4						
Drain 5						

	Date / Time	Date / Time	Date / Time	Date / Time	Date / Time	Date / Time
Drain 1						
Drain 2						
Drain 3						
Drain 4						
Drain 5						

	Date / Time	Date / Time	Date / Time	Date / Time	Date / Time	Date / Time
Drain 1						
Drain 2						
Drain 3						
Drain 4						
Drain 5						

	Date / Time	Date / Time	Date / Time	Date / Time	Date / Time	Date / Time
Drain 1						
Drain 2						
Drain 3						
Drain 4						
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Drain 1						
Drain 2						
Drain 3						
Drain 4						
Drain 5						